

Family Resource Center Invites You to
Nutrition Facts and Snacks

Date: Tuesday July 19th

Time: 10am-11am

Location: 601 N. McColl Rd. Ste. B McAllen, TX

(Between Bus. 83 & Hackberry - McColl Commons Business Center)

Hosted in English

Event Details:

- Inviting parents, caregivers, expecting mothers.
- Partnering with Sandra Gonzalez, MPH from the Food Bank RGV to discuss the importance of Nutrition.
- Learn the process of providing the food necessary for health and growth for you and your family.
- How to make healthy snacks for your children.

Scan here to
register:



Free Event!

**Call 956-631-9171 for more
information or accommodations.**

**Registration is required as
space is limited.**