



Parent Cafe: Finding Balance as a Family

Gain knowledge and support from each other through parent-led discussions, conversations, refreshments, and door prizes. Cafe is presented in English for parents and caregivers of young children.

Wednesday August 26, 2026

1:00 pm to 2:30 pm

**Bob Clark Social Services Center
9901 California Rd
Brownsville, TX 78521**

RESILIENCE

KNOWLEDGE

During the Parent Cafe, children 2 years and up are invited to participate in the “Happy Kitchen” program presented by the Brownsville Wellness Coalition.



Registration is required. To RSVP and for accommodations, please call Jennifer at: 956-803-0850

